

The Development of Accessible Educational Materials on Health Insurance and Regional Centers for People with Intellectual Disabilities



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Approach

- This project focused on the development of health-related educational materials that are accessible to individuals with intellectual disabilities and their families, caretakers, and/or service providers.

Conclusions

- Much of the available health-related educational material is not accessible to individuals with intellectual disabilities.
- While working to decrease the health disparities faced by individuals with intellectual disabilities, it is vital to empower self-advocates and their families/caretakers to make informed decisions about their health. To do this, it is imperative to develop and distribute accessible health-related educational materials.
- These resource guides will be made available to stakeholders online and will be distributed at relevant in-person events, such as health screenings performed by Special Olympics Northern California Healthy Athletes.

References

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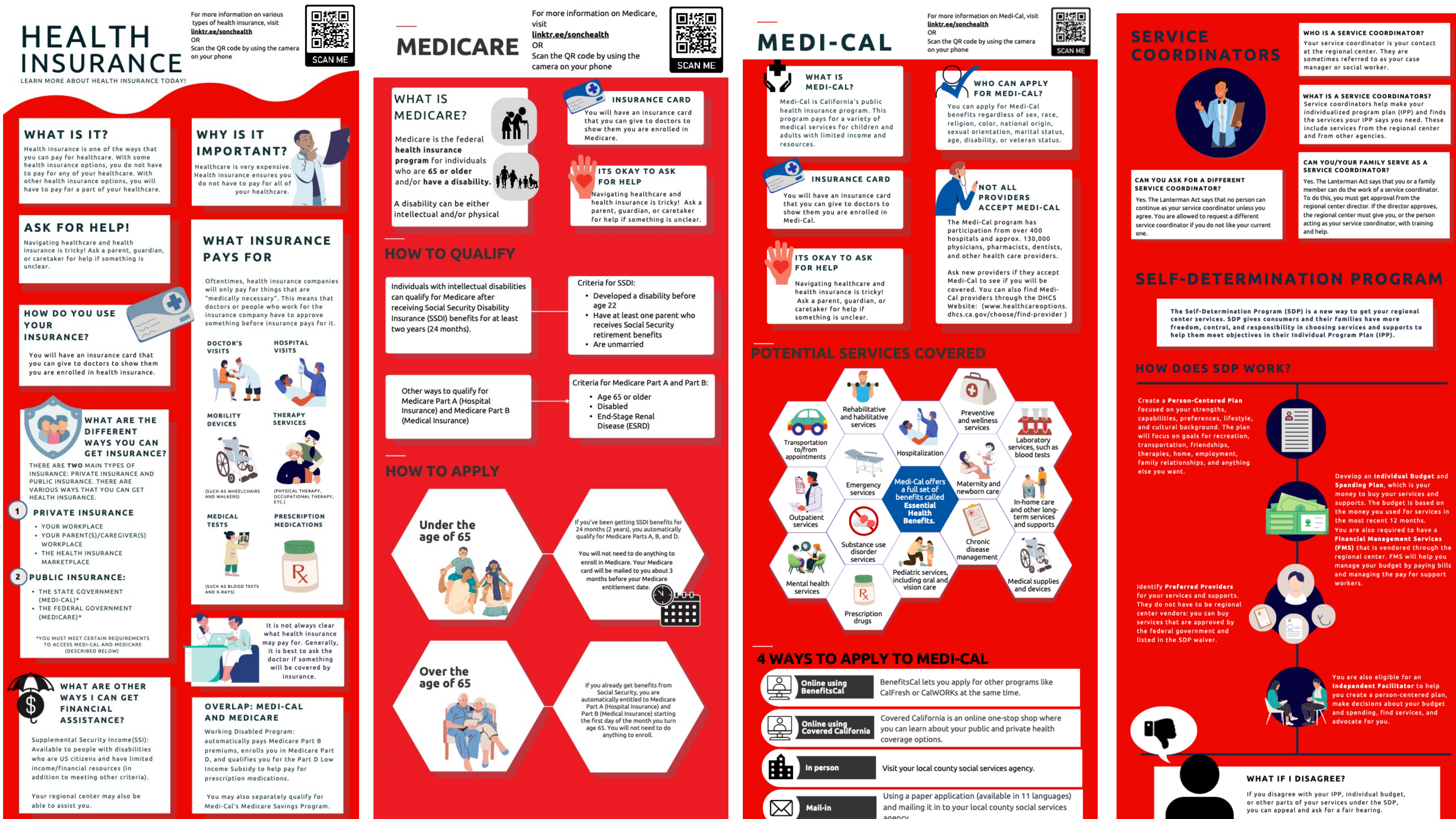
Background

- People with intellectual disabilities experience significant barriers to accessing healthcare.¹
- People with intellectual disabilities have difficulties with accessing care, experience delayed treatment, and report having unmet healthcare needs.²
- People with intellectual disabilities have poorer health outcomes.³

Need

- In talking with stakeholders, there was an identified gap in accessible health educational materials designed to be accessible to people with intellectual disabilities.
- People expressed the most interest in learning about public health insurance options/qualifications for people with intellectual disabilities and how to navigate the regional center system.

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