

# Impact of Citizenship Status on Access to Heart Transplantation in the United States

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# Background

While other disparities in access to cardiothoracic transplantation are well-documented, there has been little analysis of the role that citizenship status plays in influencing access to transplantation. This is undoubtedly linked to wider transplant disparities concerning race and socioeconomic status; however, there is still a need to identify the direct effect of citizenship status alone on access to cardiothoracic transplantation.

#### Objectives/Aims

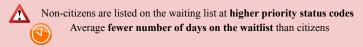
- 1. To determine the association between citizenship status and indicators of access to heart transplantation in the United States.
- Use a novel metric of assessing disparities—missing data—as a means of comparing how interactions with the healthcare system vary between the citizenship groups, as another measure of disparity.

# Methodology

- To elucidate access to the transplantation waitlist we utilized multivariable ordinal regression
- a) higher acuity group status at the time of listing was our proxy measure of worse access to the waitlist.b) We developed and utilized a directed acyclic graph to elucidate
- causal relationships and as the basis of confounder adjustments—a novel approach within cardiothoracic disparity work, that seeks to more accurately address health disparities affecting protected classes.
- 2. Missingness of data—We utilized an unexplored potential measure of access to gauge if interactions with the healthcare system differs between citizens and non-citizens: missing data. Out logic is as follows: missing data variables within the UNOS database for key covariates signifies a lack of interaction between the patient and healthcare system for that metric. Thus significant differences in missing data indicates significantly fewer healthcare interactions.

## Results

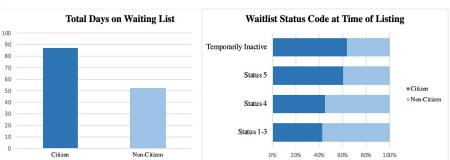
## 1. Citizens compared to non-citizens:

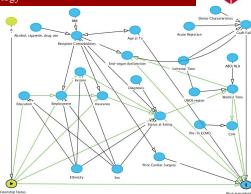


## Both inferring higher disease acuity or more severe clinical presentation at time of listing.

We <u>adjusted for employment, education, and insurance status</u> in the association between group status at listing → non-citizens were still listed at higher priority status codes at time of listing, compared to citizens

2. More missing data for follow-up time for non-citizens compared to citizens





#### Conclusions

To our knowledge, this research is the first body of work to investigate the association between these variables. While prior studies have characterized insurance-based disparities in transplantation and other contexts, it is apparent that non-citizens face a much broader set of potential disadvantages which may amplify any insurance-based effect.

These results potentially have important implications for policy advocacy for insurance coverage and transplantation access for the non-Citizen demographic.

#### **Recommendations and Next Steps**

- Further research should aim to more closely assess timepoints at which these disparities are emerging to support efforts that mitigate this disparity.
  - Disparities in missing data at the very least represents a call to action for better record-keeping to support accurate disparities research. Further research should also be conducted to better understand the causes for missing data in this population.
  - This research encourages policy that expands coverage for transplantation to non-citizens