

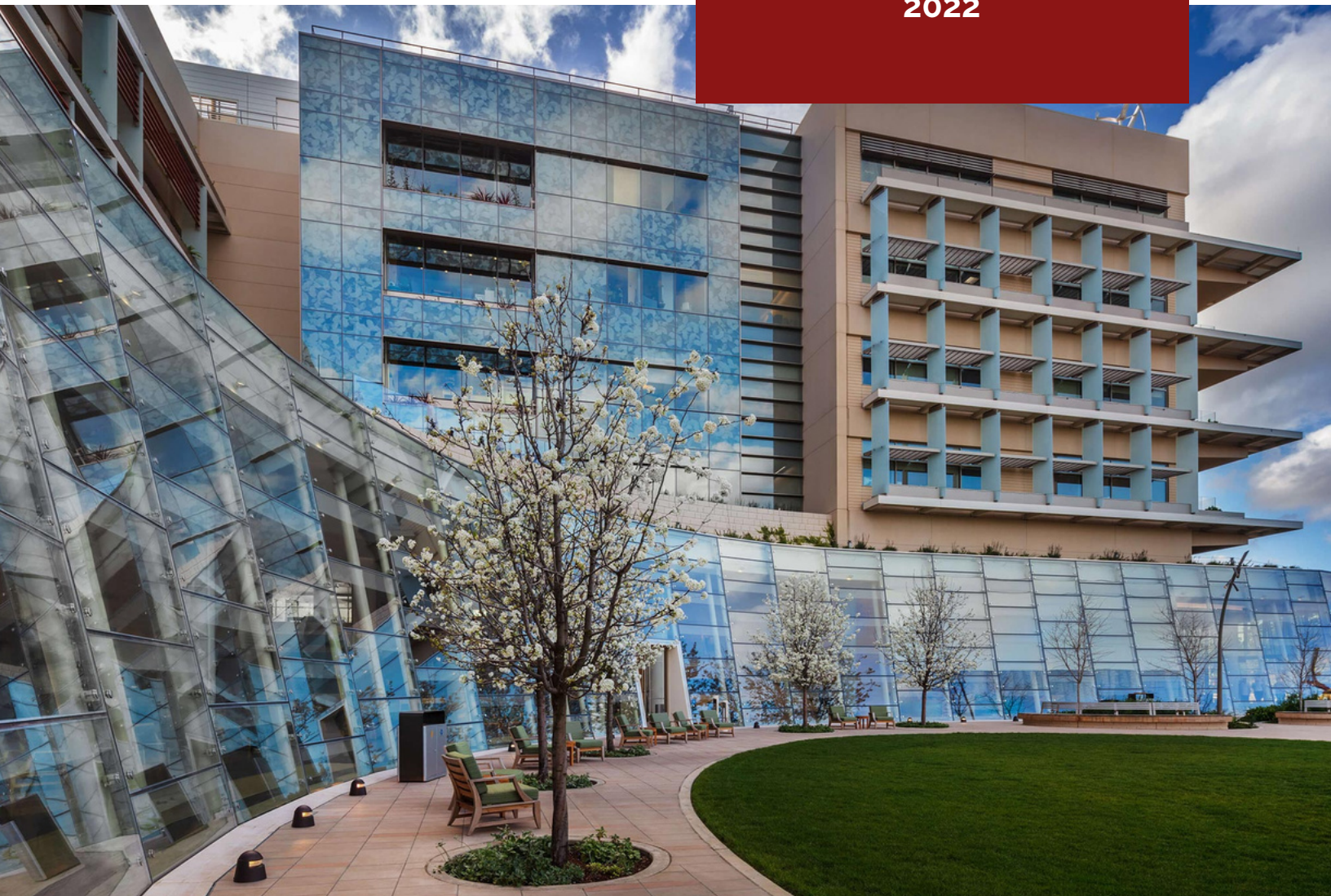


Stanford
MEDICINE

Pediatric
Fellowships

**INFORMATION
FOR PROSPECTIVE
FELLOWS**

2022



Office of Pediatric Education
Stanford University School of Medicine
Center for Academic Medicine
453 Quarry Road, MC 5660
Palo Alto, California 94304

Building a Learning
Community Together

pedsfellowships.stanford.edu



DEPARTMENT INFORMATION SESSIONS FOR FELLOWSHIP APPLICANTS

We invite you to join us on Zoom to learn more about training at Stanford, hear about our unique learning community, and meet other applicants from across sub-specialties. Plus, meet Department Chair, Mary Leonard, and Assistant Dean of Diversity in GME, Lahia Yemane, along with other program and department leaders. These one-hour sessions are a supplement to your sub-specialty events.

WEDNESDAY, OCTOBER 5, 2022

12:00pm PT / 1:00pm MT / 2:00pm CT / 3:00pm ET

MONDAY, OCTOBER 17, 2022

9:00AM PT / 10:00AM MT / 11:00AM CT / 12:00PM ET

FRIDAY, OCTOBER 28, 2022

9:00am PT / 10:00am MT / 11:00am CT / 12:00pm ET

MONDAY, NOVEMBER 7, 2022

12:00pm PT / 1:00pm MT / 2:00pm CT / 3:00pm ET

WEDNESDAY, NOVEMBER 9, 2022

3:00pm PT / 4:00pm MT / 5:00pm CT / 5:00pm ET

THURSDAY, NOVEMBER 10, 2022

9:00am PT / 10:00am MT / 11:00am CT / 12:00pm ET

[**REGISTER HERE**](#)

ZOOM INFORMATION

Meeting ID: [873 022 957](#) | Password: 620137

STANFORD UNIVERSITY

Located in the San Francisco Bay Area, Stanford University is a place of learning, discovery, expression, and innovation. Founded in 1885, Stanford's area of excellence span seven schools along with research institutes, the arts and athletics.

LEARNING, DISCOVERY, EXPRESSION & INNOVATION

Stanford's faculty, staff, and students work to improve the health and well-being of people around the world through discovery and application of knowledge.

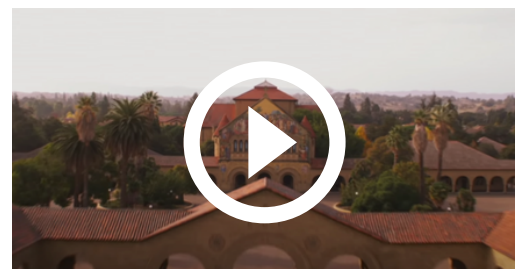
[Learn more in the Stanford Facts brochure.](#)

Source: Stanford Visitor Information



Virtual Tours

Visitor Information offers several multimedia tours of Stanford, including videos, slideshows, and a self-guided tour.



STANFORD MEDICINE

A leader in the biomedical revolution, Stanford Medicine has a long tradition of leadership in pioneering research, creative teaching protocols, and effective clinical therapies.

Stanford Medicine comprises three organizations:



Stanford School of Medicine

The School of Medicine improves health through leadership, diversity and collaborative discoveries and innovation in health care, education and research.



Stanford Children's Health

Stanford Children's Health, with Lucile Packard Children's Hospital Stanford at its center, is the only health care system in the Bay Area exclusively dedicated to pediatric and obstetric care.



Stanford Health Care

Stanford Health Care seeks to heal humanity through science and compassion, one patient at a time, through its commitment to care, education, and discovery.

OUR FELLOWSHIP PROGRAMS

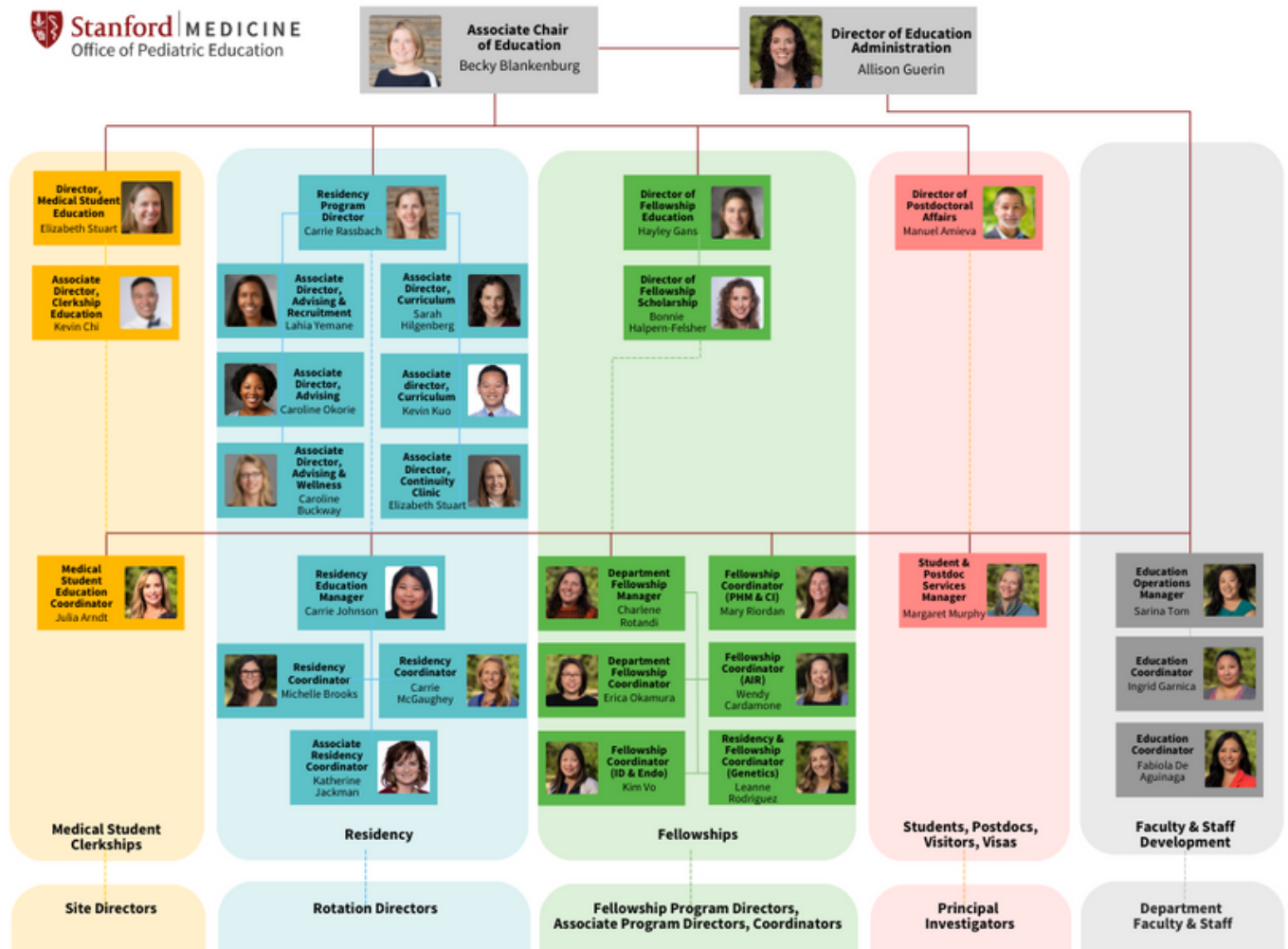
[Academic General Pediatrics](#)
[Adolescent Medicine](#)
[Allergy & Immunology](#)
[Clinical Biochemical Genetics](#)
[Clinical Informatics](#)
[Developmental-Behavioral Pediatrics](#)
[Laboratory Genetics & Genomics](#)
[Medical Biochemical Genetics](#)
[Medical Genetics & Genomics](#)
[Neonatal-Perinatal Medicine](#)
[Pediatric Cardiology](#)
[Pediatric Cardiology - Advanced](#)
[Pediatric Critical Care Medicine](#)
[Pediatric Endocrinology](#)
[Pediatric Gastroenterology](#)
[Pediatric Hematology/Oncology](#)
[Pediatric Hospital Medicine](#)
[Pediatric Infectious Diseases](#)
[Pediatric Integrative Medicine](#)
[Pediatric Nephrology](#)
[Pediatric Pulmonology](#)
[Pediatric Rheumatology](#)
[Pediatric Stem Cell Transplantation](#)
[Pediatric Transplant Hepatology](#)



About Our Programs

Our Pediatric Fellowship Programs are designed to provide outstanding training to prepare our fellows to excel as subspecialty clinicians, researchers, teachers, advocates, and to become leaders within the field of pediatrics.

OFFICE OF PEDIATRIC EDUCATION



The Office of Pediatric Education supports the continuum of trainees in the department by developing, evaluating, and continually improving transformative educational experiences and programs for learners.

Established in 2017, the Department Fellowship Program (green area) fosters a learning community in partnership with our fellowship program leaders that promotes innovation, clinical excellence, and prepares fellows to excel as subspecialty clinicians, scholars, teachers, and advocates and to become leaders within their fields.



FELLOWSHIP LEADERSHIP TEAM

Through the Department Fellowship Program, the Fellowship Leadership Team (FLT) in the Office of Pediatric Education provides an array of department-level support to fellows throughout their training including core curriculum, scholarship support, cross-subspecialty community building, and much more.



Hayley Gans, MD
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Bonnie Halpern-Felsher, PhD
Director of Fellowship Scholarship
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Charlene Rotandi, AB, C-TAGME
Department Fellowship Manager
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Erica Okamura, MA
Department Fellowship Coordinator
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CORE CURRICULUM

The Department Fellowship Program offers curricula, activities, and resources to support fellows during their training with the goal of providing the skills needed to become leaders in their field. This innovative program creates a robust learning community for fellows with centralized programming in which fellows are exposed to a rich professional network of faculty and staff leaders. Our core curriculum meets the ACGME and ABP core requirements.

Fellows' College

Fellows' College is a common educational experience for all fellows with a three-year longitudinal curriculum that builds skills and targets commonalities in the training of future physicians, educators, and leaders. Curriculum content includes leadership, teaching, evidence-based medicine, quality improvement, health care economics, advocacy, diversity & inclusion, medical ethics, and more!

Scholarship Preparation Series

The Scholarship Preparation Series introduces first-year fellows to the diverse array of scholarship available at Stanford and the faculty who are conducting research in these areas, and begins to prepare fellows for developing their research question and identify a research mentor.

Scholarship Academy

Scholarship Academy is a week-long immersive experience for first-year fellows to introduce them to the resources and skills needed to begin their scholarly projects. Fellows learn about research design, conducting literature reviews, statistics, and more.

Grant Writing Club

Grant Writing Club is designed for first-year fellows and teaches the fundamentals of grant writing, including learning about all of the components of the grant submission. The club culminates with participants submitting a completed Maternal & Child Health Research Institute (MCHRI) grant in February.

Scholarship Club

Scholarship Club is open to all fellows with a focus on the research interests and needs of our second and third-year trainees. Sessions are highly interactive and focus on real-time research issues.

Career & Professional Development Series

All fellows are invited to attend sessions in our Career & Professional Development Series. Sessions include topics on finding a job, writing your CV, physician finance, scholarship after fellowship, and more.

OTHER OPPORTUNITIES

Courses, Seminars, Writing Groups

Stanford Medicine offers courses, seminars, and writing groups including: NIH-K Award; F32 Grant Writing Groups; Intensive Course in Clinical Research; scientific writing courses; statistics courses

Scholarship Opportunities

Stanford Medicine promotes scholarship in areas beyond clinical and basic science research. Some of these areas include: Medical Education, Quality and Process Improvement, and Community Engagement and Advocacy.

Master's Degrees

The Maternal & Child Health Research Institute (MCHRI) funds fellows to pursue Master's degrees in fields such as [Epidemiology](#), [Health Policy](#), and [Community Health & Prevention Research](#).



FELLOW WELL-BEING

In addition to well-being offerings from the [GME](#) and [Stanford Children's Health](#), the Department of Pediatrics also provides activities and resources to promote a culture of wellness that supports fellows inside and outside of the learning environment.



Curriculum

Formal curriculum focusing on self-care, resiliency, appreciation, fatigue mitigation, nutrition, and stress management.



Big Sib/Lil' Sib Program

First-year fellows are matched with a second or third-year fellow from outside their division to provide peer support for the new fellows.



Fellows' Council

[Fellows' Council](#) serves as a liaison to leadership and leads initiatives to provide professional and social support to fellows, including socials and a department-wide fellow-led QI project.



Fellow Appreciation Week

A special week of thanks and appreciation for all fellows from the department and fellowship programs.

LIVING IN THE BAY AREA

While housing costs in the Bay Area are expensive, living in the Bay Area offers many perks including year-round access to outdoor activities, a vibrant food & wine scene, and diverse communities.

[View housing resources here.](#)

COMPENSATION & BENEFITS

Compensation

Information provided is for the 2022-2023 academic year:

PGY	Annual	Monthly
Year 4	\$88,400	\$7,366
Year 5	\$93,953	\$7,829
Year 6	\$98,092	\$8,174
Year 7	\$103,604	\$8,633

*annual increase typically in September

Additional Compensation Benefits:

- Moving allowance: \$3,000 (new hires only)
- Educational allowance: \$2,000 per year
- Cell phone allowance: \$1,000 per year
- Housing stipend: \$7,200 per year/\$600 per month
- On-call food allowance for shifts 12hr or longer
- 1% annual bonus based on completion of a QI Project

Note: all allowances are subject to appropriate taxes



Medical, Health, Leave, and Other Benefits

- Medical & dental coverage
- Behavioral health coverage
- Vision coverage
- Flexible spending/health reimbursement account
- Retirement savings plan
- Life and accident insurance
- Disability insurance
- Malpractice insurance
- Free counseling services outside of insurance
- Vacation & sick leave
- Family & medical leave
- Maternity/Paternity leave
- Bereavement leave
- Backup child care program
- HealthySteps to Wellness incentive program

License Fees

- Initial CA medical license fee
- CA license renewal fee
- Initial DEA fee
- Renewal DEA fee

Facilities

- Residents/Fellows lounge
- Day lockers
- Hoteling desk space
- Stanford Libraries
- Stanford athletic facilities
- GME gym & lounge
- On-call quarters
- Lactation spaces
- Resident/fellow hospital workroom

Transportation

- Uber, Lyft, and taxi vouchers for fatigued trainees
- Valley Transportation Agency Eco Pass (VTA)
- Caltrain Go Pass & Clipper Card

Equipment & Supplies

- After hours food
- Pager service
- Stanford email address
- Photo ID card
- Badge access to facilities & clinics
- Lab coat

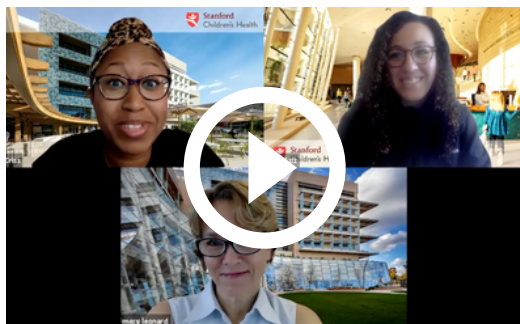
Department Support

- Laptop computer
- Administrative processes
- Fellow Core Curriculum
- Fellow Well-being Program
- Fellows' Council & socials
- Educational funds to programs
- New Fellows Orientation
- Fellows Graduation

Other Information

- [GME Benefits Information](#)
- [GME House Staff Policies & Procedures](#)
- [GME Sample Contract](#)

VIDEOS: TRAINING AT STANFORD



IN CONVERSATION WITH MARY LEONARD, DEPARTMENT CHAIR

Get to know our Department Chair, Mary Leonard, as she talks with trainees about why Stanford is a unique place to train.

- [Introductions](#) (5 min)
- [Education Programs, Opportunities, & Training](#) (11 min)
- [Advocacy, Diversity, Equity, & Inclusion](#) (4 min)
- [Wellness Initiatives](#) (7 min)
- [What are you most proud of? What do you love about the Department of Pediatrics?](#) (4 min)



FELLOW PERSPECTIVES ON THE LEARNING CLIMATE AT STANFORD

Current fellows share their thoughts on the learning climate at Stanford.

- [Fellow Introductions](#) (5 min)
- [Perspectives on the Learning Climate](#) (17 min)
- [Perspectives on Clinical Training](#) (22 min)
- [Perspectives on Scholarship Training](#) (14 min)
- [Perspectives on Well-Being](#) (18 min)



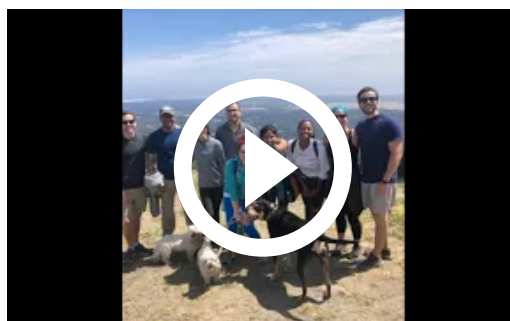
DIVERSITY, EQUITY, INCLUSION & ADVOCACY

Hear about diversity, equity, inclusion, & advocacy at Stanford from a panel of distinguished faculty.

- [Introductions](#) (3 min)
- [Diversity as a Core Value at Stanford](#) (12 min)
- [Redefining & Addressing Diversity](#) (18 min)
- [Opportunities for Change](#) (3 min)
- [Translating Health Equity Research to Patient Care](#) (2 min)
- [Advice for Junior Faculty on Advancing Diversity](#) (12 min)



VIRTUAL TOUR: LUCILE PACKARD CHILDREN'S HOSPITAL (LPCH) & THE CENTER FOR ACADEMIC MEDICINE (CAM)



FAVORITE SPOTS IN THE BAY AREA

Hear from our fellows about their favorite spots in the Bay Area to eat, relax, and have fun!

IN THEIR OWN WORDS

Our current fellows and alumni share their thoughts on the Stanford fellowship experience



CATHY TSIN, MD
PEDIATRIC RHEUMATOLOGY

Why Stanford?

While on the interview trail, it became clear to me that every institution I interviewed with offered excellent training opportunities, a welcoming environment and competitive benefits. So how does one choose where to go? Stanford stood out for a number of reasons – its unparalleled research opportunities, an environment that breeds innovation and a particular emphasis on collaboration between disciplines – all located on a gorgeous and easy-to-manuever campus. It was also clear how cherished and valued the fellows are by this institution. As fellows at Stanford, we are supported by an outstanding team of program coordinators and education staff who are specifically dedicated to creating an enriching experience as a pediatric fellow.

How do you like to spend your weekend?

The Bay Area and Northern California in general is one of the most beautiful areas in the country. There is a reason this area is such a sought-after travel destination! We enjoy beautiful weather year round. My husband and I (and our dog) spend our weekends exploring the natural beauty around us. We enjoy hiking, visiting beaches, traveling up to wine country Sonoma/Napa and the many national parks. It seems like there is an endless amount to do and see. Suddenly all of our friends and family want to visit us all the time!

What is your housing and commute experience like?

We live in Redwood City and my commute is about 25 minutes by car. It is a fairly easy commute and I do have the option to take Caltrain as well. A Caltrain pass is provided to Housestaff for free by Stanford.

IN THEIR OWN WORDS

Our current fellows and alumni share their thoughts on the Stanford fellowship experience



AZADEH ISSAPOUR, MD PEDIATRIC CARDIOLOGY

Why Stanford?

On my virtual interview day at Stanford, I was immediately impressed by the network of incredibly accomplished faculty and trainees that maintain a collaborative culture. I knew this was a group that would both support and challenge me to become a successful clinician, researcher, and educator in the field. Further, I enjoy learning by “doing” in a high-volume setting, and there was no question I would be immersed in this environment at Stanford. The patient population is such that we have the privilege of serving both the local community and individuals who travel from other states and countries to receive their care. As a result, we learn how to care for the “bread and butter” ailments as well as the “zebras” within our field. It has been an honor to work in this positive learning environment that promotes innovation and fosters self-improvement.

What is it like to live in the Bay Area?

Living in the Bay Area is lovely. I am still getting used to the endless supply of sunshine – no complaints here! As a fan of both urban and outdoor hiking, this area provides the best of both worlds. You can just as easily explore a neighborhood in San Francisco as you can trek in the foothills of the Santa Cruz Mountains. In addition to the gorgeous natural sights, the food scene is another enticing aspect of life in the Bay Area. As someone who lives to eat, the dining options do not disappoint!

How did you connect with a scholarship mentor?

The beauty of being at a place like Stanford is that there are both formal and informal processes to connect with mentors. Throughout my first year here I have identified several mentors that are helping guide my professional development by supporting my interests in patient advocacy, diversity, equity and inclusion strategy in the workplace, clinical research and medical education. I have found these role models by interacting with them while on clinical service and also through introduction by other faculty and co-fellows. Additionally, our fellowship program pairs each incoming fellow with an attending within the division, based on our academic interests. This approach to individualized mentorship has been an excellent way to navigate all the available career-planning resources throughout both LPCH and Stanford University.

IN THEIR OWN WORDS

Our current fellows and alumni share their thoughts on the Stanford fellowship experience



MONICA RUIZ, MD, MPH
PEDIATRIC CRITICAL CARE MEDICINE

Why Stanford?

As someone who will build a career in merging critical care with community health, I knew that I needed to train at an institution that was innovative, progressive and most of all, supportive. On my interview day, all of the faculty and trainees inspired me to be passionate and resolute in my quest to fulfill my dreams as a physician and researcher. I sensed the energy, I saw the momentum, and I felt the support. Furthermore, balancing clinical exposure with research opportunity within a diverse community was

a priority. Stanford provided me with all of the components I knew I needed to build my career as a physician scientist, while allowing me to care for a diverse and vulnerable patient population.

What is it like to live in the Bay Area?

The Bay Area is a beautiful utopia with a wonderful sense of scholarly intellect and palpable emphasis on wellness. You can spend your weekends on beautiful hikes, camping, wine tours, ferry boats, isolated coastal islands, snowboarding, or even just walking around your beautiful neighborhood with coffee in hand. Yes, the Bay Area is expensive, but it provides you with perspective on what you really need to be happy - beautiful outdoor scenery, great weather, abundant places to explore, and a sense of community. What's it like to live in the Bay Area, you ask??? It's unlike anywhere else!

How has your training at Stanford contributed to/impacted your career path?

My training at Stanford has contributed to my career path in that it has redefined it. While my interest in community health and passion for health disparities remain constant, the path has designated a new destination. I was able to find wonderful mentorship and participate in leadership courses that have defined a new way in which I can use my profession to contribute to a better tomorrow. As my career is in its infancy (fellow), it makes me beyond excited to be at Stanford, where I can build the skills, experience, and sponsorships needed to become a dean.

IN THEIR OWN WORDS

Our current fellows and alumni share their thoughts on the Stanford fellowship experience



ASLAM KHAN, DO PEDIATRIC INFECTIOUS DISEASES

Why Stanford?

There are many great programs and hospitals and one driving element for me was proximity to the main campus and richness of academic resources, proximity of family, and great weather which would affect overall lifestyle. Beyond those elements, there is an emphasis on fellow education at Stanford both in the Pediatrics department and the division of Pediatric Infectious Diseases that was highlighted during my interview. With internal funding opportunities and numerous workshops dedicated to build

academic physician scientists, I felt Stanford was a great balance of clinical and research in a world class institution.

What is it like to live in the Bay Area?

The Bay Area is home to me and easy to call a great place to live. I grew up just south of San Francisco and have always appreciated the weather and greenery of the peninsula. There are great hiking and running trails along the coast and you can find all types of outdoor activities to meet your needs. There are great food options in San Francisco and San Jose which require exploration but are worth finding in the end. Understandably there is a very high cost of living at baseline but Stanford does provide some assistance with a higher salary and housing stipend.

What is service like as a fellow?

The inpatient experience is very demanding but offers a diverse array of cases related to Pediatric Infectious Diseases. As an institution there are many immunocompromised patients whether by transplant, oncology, or as a consequence of medical treatment for inflammatory disorders. As the pediatric infectious diseases fellow you get to see all parts of the hospital and work alongside the house staff and other fellows. With the current state of affairs with COVID-19, we have managed to continue many of our routine activities including radiology visits, microbiology rounds, adult and pediatric infectious diseases didactics, and our weekly noon conference.

What is your housing and commute experience like?

I live in Redwood City and enjoy being walking distance to many restaurants with great weather and still not too far from Palo Alto. The train is two stops away and easily accessible.

REASONS TO TRAIN AT STANFORD PEDIATRICS

STANFORD PEDIATRIC FELLOWSHIPS | [PEDSFELLOWSHIPS.STANFORD.EDU](https://pedsfellowships.stanford.edu)



EDUCATION COMMUNITY

Our fellows and faculty come together to create a robust learning community. Together, the department and divisions provide curricula, activities, and resources to support fellows during their training to provide the skills needed to become leaders in their field.

- Inclusive learning community with 129 fellows across 24 subspecialty training programs
- Dedicated core curriculum that includes leadership, teaching, evidence-based medicine, quality improvement, advocacy, scholarship and more
- Guided support throughout the scholarship journey including grant writing and skill-building needed for scholarly projects
- Career and professional development support
- Fellows' Council, with representation from all training programs to advise Department leadership and support fellow initiatives, including social and well-being activities for all fellows. Through the Council, fellows have a voice on multiple institutional committees.
- Stanford has seven schools co-located on one campus which allows for interdepartmental and interdisciplinary collaboration
- Exposure to a vast faculty network who hold mentorship & teaching as a core value



TOP-RANKED CHILDREN'S HOSPITAL

- Top 10 children's hospital in the nation as ranked by the US News & World Report
- Top-ranked in Northern California
- Diverse patient population
- 361-bed children's hospital
- Provide care in more than 150+ medical specialties
- 7 Centers of Emphasis
- We serve patients and families across our network, regardless of their ability to pay.



SAN FRANCISCO BAY AREA LIVING

- Year-round access to outdoor activities including hiking, biking, surfing and much more
- 35 miles to San Francisco
- Vibrant food and wine scene
- World-class entertainment, arts, and sports
- Diverse community



COMMITMENT TO DIVERSITY, EQUITY, INCLUSION & JUSTICE

- Community partnerships with the Office of Diversity, Equity, Inclusion & Justice (ODEIJ), Office of Child Health Equity (OCHE), and Office of Diversity in Medical Education (ODME)
- Health Equity Advanced through Learning (HEAL) initiatives which includes anti-racism seminars, health equity rounds, and huddle guides