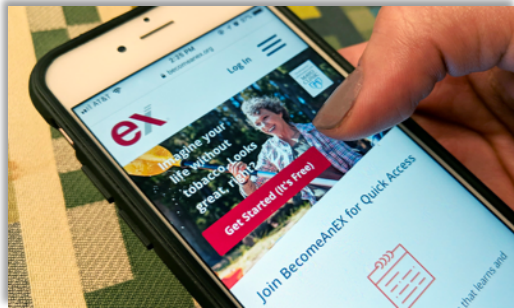


# Resources for Youth

## Become An Ex



Tobacco and vaping cessation support for teens from Truth Initiative

## The Vape Talk



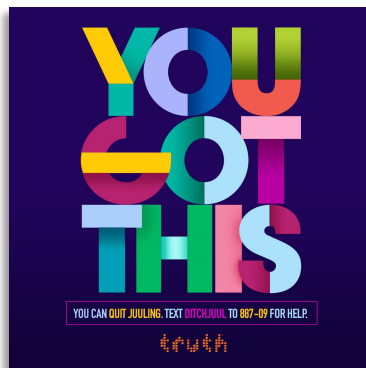
Includes a conversation guide for parents and teens from American Lung Association

## Surgeon General



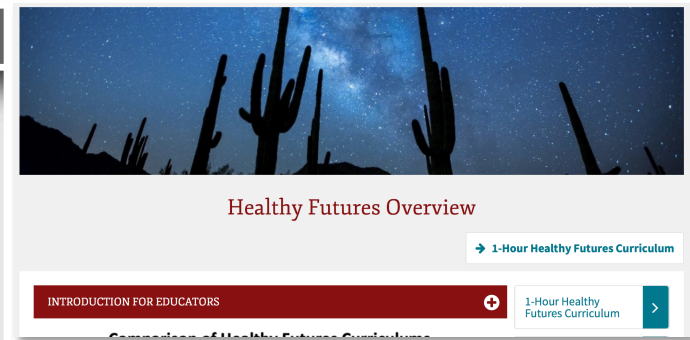
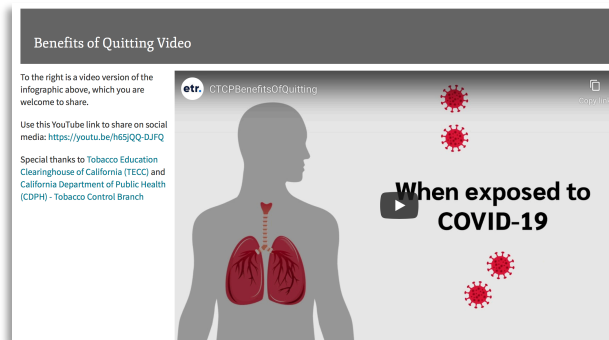
Includes a conversation guide and video for parents and teens from FDA; resources in Spanish

## This is Quitting



Includes a texting service for vaping cessation support from Truth Initiative

## Tobacco Prevention Toolkit



Includes a number of resources to help talk to youth, to recognize and help with addiction, and more